

Rudee's

ON THE INLET

Gluten Free Menu

Appetizers

Cajun Scallops
Chilled Shrimp App.
Broiled Shrimp App.
Oysters Rockefeller
Blackened Tuna Nachos

Soups & Salads

Sand Bar Salad (no fried items)
House Salad (Lg., Sm.)
Dressing - Oil & Vinegar

Raw Bar

All Items

Burgers & Sandwiches

All Burgers (no bread)
Blackened Tuna (no bread)
Crabcake (no bread)

Seafood

Rudee's Scallops (Broiled)
Rudee's Shrimp (Broiled)
Crabcake Dinner (Broiled or Blackened)
Crabmeat Complete
Fresh Catch (Broiled, Grilled,
Concasse or Blackened)

Steaks

Filet Mignon
New York Strip

Combination Entrées & Platters

Seafood Combo
Broiled Platter
Steak & Seafood w/ Broiled:
Shrimp, Scallops,
Crabcake blackened or broiled
Lobster Tails
Crabmeat Complete

Sides

Broccoli (no sauce)
Baked Potato
Red Potato
White Rice
Vegetable Medley

Dessert

Ice Cream

What does "Gluten Free" mean?

A product that contains no gluten, which is a product found in all wheat, rye & barley products. Many people suffer from varying degrees of gluten intolerance, commonly referred to as a "Celiac."